

CHILDREN'S MENTAL HEALTH SUB-COMMITTEE

of the South Central Behavioral Health Board

OCTOBER 23, 2018 MEETING MINUTES

"Promote child and family wellness. Discuss, recommend, and work to help create the structure to support children with mental and behavioral health issues and the systems that serve them and their families, in our communities."

Committee Members: (P-Present, E-Excused, T-Telephone, A-Absent)

A Kevin Sandau, Chair	P Alyson Christianson, DHW YES Program
A Stacy Stephens, Alliance Family Services	A Rachel DelValle, Jerome School District
E Kelsie Robinson, Valley Comm Counseling	A Renee Waite, IDJC
P Sandy Millar, Parent Network	P Lori Gidney, Parent
A Beth Citron, Blaine Co School District	A Jaci Urie, TARC
E Elizabeth 'Jo' Johnson, MD/Parent	T Honorable Mick Hodges – Cassia Co.
E Tina Lamp (CASA)	E Denise Martin, CASA
P Julie Fields, MH Advocate	A Trevor Crapo SL BH
E Chris Freeburne – DHW Regional Director	P Kyli Gough - SL Community Health Manger

Administration:

P Melody Bowyer, SCPHD Director	P EJ Poston, SCPHD Health Educator
P Linda Montgomery, Chair SCPHD BoH	

Guest(s):

Inga Elkin, SR Juvenile Detention	Jacquelin Cadman, Parent
Cindy Shotswell – OPTUM	Tammy Felps, ProActive Behavioral Health

I. CONVENE Children's Mental Health Sub-Committee meeting

Vice- chair Alyson C. called meeting to order at 10:03 a.m.

II. ACTION ITEMS

- A. Review/Approve September minutes – Kyli G. moved to approve September minutes as written. Inga E. seconded the motion. Motion passed.

III. GUEST SPEAKERS/PRESENTERS

- A. Jennie Fullmer & Shannon Wilson – clinicians, Crosspointe Family Services
- Crosspointe is a mental health clinic providing counseling, case mgmt, peer support, family support, medication mgmt., CBRS services, crisis services, group & individual counseling.
 - Dire need for in-school counseling (esp Nov/Dec and Apr/May)
 - Transportation is an issue nationwide. Services should be brought to the client.
 - Preventative measures and early access have proven to be keys to success.

IV. NON-ACTION/DISCUSSION ITEMS

- A. Skills Building update – Dr. Jo J. – (moved to next month)
- B. To Judge Hodges' question re an article in local newspaper, Jennie advised that Cassia County has added a budget line item to fund a licensed mental health counselor.
- C. A question was asked: What is this committee was doing for children with trauma (at home or at school)?

- OPTUM sponsored the movie/documentary Paper Tigers, but what discussions or follow-up have been done in the weeks following? What are this committee's plans regarding lack of staff training/education/protocols in schools?
- It was clarified that school staff need "trauma-informed" training, not necessarily "trauma training."
- It was mentioned that teachers' responsibilities have expanded to such a degree that we cannot ask teachers to add mental/behavioral health duties. Some felt that teachers need to be educated/trained, whether they want to be or not. It was suggested that MH/BH training could start with the advocates/teachers within the RISE program.
- Option: Contact the Idaho Prevention conference in April.
- Challenges identified: transportation to services; trauma-involved training.
- Suggestions: 1) Apply for a grant from our local SCBHB to fund training for teachers. Someone would have to create and submit a proposal. 2) This committee sponsor a continuing education class for teachers. 3) Crosspointe to reach out to the school district to ask what they need, IF they see a need. 4) Reach out to Rachel Blanton and Conner Shelton to guide us. 5) Request time at next Region 4 school superintendents meeting. If superintendents get on board, then go to school board.
- In an effort to narrow our focus, it was agreed that this committee has 2 goals: 1) more school staff training/education, and 2) getting counseling into the schools.
- Proposed: Sponsor and arrange a community meeting for the families of children with mental health issues. Invite providers, teachers, family members. Ask them what they need. Tammy will come next month with the proposal for an action item. (who~what~when~where~why~cost)
- Vice chair asked for volunteers to form a workgroup to create a proposal (who, what, where, when, why) for an action item regarding training/education in our schools. Volunteers: Kyli, Cindy, Melody, Jennie, Shannon. It was suggested that a parent or family member be part of this workgroup; there were no volunteers at this time.

V. Announcements-Other items

- A. Next SCBHB meeting Nov 14, 2018
- B. Next CMHC meeting Nov 28, 2018
- C. Paper Tigers showing at ProActive behavioral Health on November 2, 2018
- D. St. Luke's Health Seminar (suicide) - January 15, 2018

Adjourned 11:45 a.m.

Kevin Sandau, Chair


 Alyson Christianson, Vice-Chair