Region 5 Behavioral Health Community Board

Meeting Minutes - Regularly Scheduled Meeting

11:30 - 1:30 January 14, 2015

Members Present: Dawn Anderson, Bev Ashton, Susan Carpenter, Mary Christy,

Helen Edwards, Mick Hodges, Mindy Hoskovec, Rick Huber, Angenie McCleary, Aime Muntz, Scott Rasmussen, Eric Snarr,

Abby Stocking, Jami Stroud, Frank Knight

Members Excused: Dawn Anderson, Eric Snarr, Kim Dopson, Rick Huber Was a Quorum established? (yes) (more than half, 12 members, constitutes a Quorum)

Others Present: Rosie Andueza, Carmen Babb, Toni Becker, Dionne Chatel, Aaron

Darpli, Cassie Davis, Erica Estes, John Hathaway, Brett Lewis, Lynn Opdycke, Lela Patteson, Cindy Shotswell, Elara Smith, Mike

Waite, Spencer Webb, Gina Westcott

Note Taker Sally Bryan

I. Announcements

The "Point in Time" count is January 29th. Idaho Housing is sponsoring it. Please send suggestions of ideal places for the count to Erica and she will pass it on. Idaho has had an underestimation in the count in years past and we could use everyone's help.

NAMI Idaho Western Conference is in Boise on January 19, 2014 from 9:00am - 4:30pm.

De-Escalation training on March 20th with Ellis Amdur

II. Business

Approval of Minutes:

November Meeting: Motion to approve minutes – Jami Stroud Motion seconded – Tom Hanson Minutes unanimously approved: yes

December Meeting with amendments: Motion to approve minutes – Tom Hanson Motion seconded – Rick Huber Minutes unanimously approved: yes

The Executive Committee met to review applications for two open positions. The two positions have been filled and are outlined here:

Eric Snarr will represent Law Enforcement Frank Knight will represent Mental Health Providers

Position applications were appreciated.

The Executive Committee will be creating letters to those who were nominated as well as letters to those who were not chosen, thanking them for their interest.

Legislative/Central Office updates - Rosie Andueza

So far the Transformation choices are:

- Do nothing
- Partner with another governmental agency
- Private/non-profit

Discussion:

- One of the downsides of being a private non-profit agency is that the State has to bid for contract services.
- Central Office will provide a formal description of each of the choices for the Boards.
- It is recommended that we consult an attorney before making our choice.

SUD Treatment Budget – So far the budget is underspent on several areas due to changes made after last fiscal year to control the budget. Changes to qualifications for programs are being made to adjust and serve more people.

PWC – The age of the child has been moved to under 12 to qualify for funding.

Brochures are being distributed in places such as WIC offices and others offices that provide services to new mothers.

PWWC wrap around services will be provided by Psychiatric Services.

Below is a more detailed description:

Eligibility Criteria

Pregnant women or women with children that are ages 12 and under can be funded with PWWC funds. Women who have children between the ages of 13 and 18 funded from IVDU or ATR-4 should also be referred to the Specialty Providers.

Services Offered

The PWWC Specialty Network provides the full range of services for pregnant or parenting women including PWWC case management, referral for primary medical care and prenatal care, pediatric care for children, gender specific treatment, and therapeutic interventions for children and referrals for child care, if needed.

NOTE: PWWC Case Management will be authorized for this population if they are referred to one of the Specialty Providers.

ATR 4 – Live date is in January with referrals coming from the homeless, veterans and child protection cases.

State Planning Council update – Rick Huber

- There is a sample gaps and needs survey in the toolkit online.
- The Planning Council has asked that the Board fill out the gaps and needs analysis by April 24th. The results will be sent to the governor in June.
- Debbie Thomas moves that we formalize how we are going to complete the gaps and needs analysis at our next meeting.
- To date no regions have submitted an application. As they do, the hope is that they will share what they learned to help other regions.

Note: Regions two and four have decided to move toward working with District Health.

Action Items from last meeting:

III. Discussion:

Mission Statement:

Options:

Original: "We can overcome the stigma of mental illness and addiction by replacing it with compassion, accurate information, and fostering community action in creating community resources."

Re-work 1: "We can foster wellness and overcome the stigma of mental illness and addiction as we increase understanding, provide accurate information, and foster community action in the development of local resources."

Re-work 2: "We can foster wellness and overcome the stigma of mental illness and addiction as we increase understanding, provide accurate information, and promote community action in the development of local resources."

Rick Huber moved to approve #2 Dawn Anderson seconded the motion All in attendance approved

Erica Estes on community resources and moving forward:

- Erica is attending meetings all over the region to cultivating interest in the Regional Behavioral Health Community Board.
- She is reworking the webpage and is asking for suggestions.
- There is a need to collaborate regarding resource information with other agencies. We aren't currently collaborating with 211, however, this would be a way to ensure our information is accurate.

Optum Update - Aaron Darpli

- A handout was provided.
- Care coordination 855-202-0973
- Care advocate 855-202-0983
- Ninety-eight percent of "clean" claims are paid within 30 days.
- Ninety-nine percent of members have access within 45 miles of their residence.

- See attached report from OPTUM regarding data for our Region.
- There is a perception that members are not accessing their benefits and data to show the number of members vs. the number of members accessing services would be helpful. Aaron will attempt to access that data. Many times it is a matter of educating the members that these services are available.
- Mental Health First Aid training will be in Shoshone in May
- Discussion regarding Peer Specialists and Recovery Coaches
 - Peer Support Training is done by Mountain States. They certify the trainers. An RFP went out and has been accepted for training of peer specialists. How many training opportunities are required to be offered every year? Rosie will check into this.
 - The role of OPTUM is as a "payor" and as such cannot influence how things are done directly.
 - Recovery coaching is not currently a reimbursable service but peer specialist services are reimbursable.
 - An RFP (Request for Proposal) has been sent out and has closed already requesting proposals for training peer specialists.
 - Another RFP has been sent out that will request proposals for credentialing peer specialists.
 - Three agencies currently have peer specialists in our region but we don't know how many peer specialists there are.
 - OPTUM would like to work with the Board once they have established their priorities in order to assist them in reaching their goals.
 - Data that supports the practice of using recovery coaches as a benefit would help to support the reimbursement of these services.
 - The State reimburses for services provided by recovery coaches but currently OPTUM is not reimbursing for these services. Paying for peer services was not included during the bidding process.
 - What may be needed is data from the State or private providers showing there is value added in utilizing peer support services. The State will be pulling data as soon as they have those services built into the electronic data base. Aaron will bring this up in his meetings with OPTUM.
 - Aaron Darpli will find out if background check waivers are being honored by OPTUM.
 - It would be good to know how many Peer Specialists are working in our Region currently. – Aaron will ask Martha Eckoff.

Any suggestions for a person to fill the position for a parent of a child with SED are welcome.

IV. Subcommittees did not meet.

Next Meeting: February 11, 2015 from 11:30 AM – 1:30 PM at 601 Pole Line Road.

Call-in number is 732-1350 code: 1111

Everyone is welcome.