

Region 5 Behavioral Health Community Board

Meeting Minutes – Regularly Scheduled Meeting

11:30 - 1:30

February 11, 2015

Members Present:

Dawn Anderson, Bev Ashton, Autumn Barney, Susan Carpenter, Mary Christy, Helen Edwards, Tom Hanson, Mick Hodges, Rick Huber, Frank Knight, Angenie McCleary, Leon Mills, Aime Muntz, Eric Snarr, Deborah Thomas

Members Excused:

Scott Rasmussen

Was a Quorum established?

(Yes) (more than half, 12 members, constitutes a Quorum)

Others Present:

Rosie Andueza, Erica Estes, Jackie Kennedy, Audrey Palmer, Lela Patteson, Cindy Shotswell

Note Taker

Sally Bryan

I. Announcements

- May is Mental Health Awareness month and there are several activities being planned:
As a Board we should be active in any or all of the events planned.
 - 5K Walk – Jami Stroud and Mindy Hoskovec are heading this.
 - Kids Day – Crosspointe will be heading up this event. “Hands On” and Chick-Fil-A and YMCA will also be assisting.
 - Burley Area - event in the works; more to come.
 - Blaine County – Scott Rasmussen is working on creating an event in this area. The Mini-Cassia park would be a great location.
 - **Erica will keep the Board updated as things evolve with the planning of events.**
 - Suggestion: Proclamation signing with city leaders
 - Contact Erica Estes if you would like to help estese@dhw.idaho.gov
 - KMVT television is currently working on stories to present during MH Awareness Month.
- September is Substance Use Disorder month.

II. Business

Approval of Minutes:

Motion to approve January 14, 2015 minutes – Frank Knight

Motion seconded – Susan Carpenter

Minutes unanimously approved: yes

Legislative/Central Office updates – Rosie Andueza

- Communication with the State Planning Council and Behavioral Health Boards will have a monthly conference call plus there will be a “repository” on line for the BH Boards across the state to share what they are working on.
- Erica Estes is the person to contact if you are interested in putting something on the website.
- Pregnant Women with Children (PWWC) – A brochure is being sent out.

- Access to Recovery Grant (ATR): Currently 47 people are enrolled, 17 are homeless, 2 are veterans, 28 are Child Protection with Court involvement and it has been less than a month since enrollment started.
- Idaho State Health Care Innovation Plan (SHCIP) – April 8th Meeting
 - Gina Westcott will be visiting each region to explain this and answer questions.
 - Regional collaborative will be formed utilizing per member per month...

State Planning Council update – Rick Huber

- The Planning Council is encouraging Behavioral Health Boards to make Children’s Mental Health Subcommittee formation a priority.
- There has been a need to increase the number of meetings needed for the Planning Council to accomplish all the work they are faced with.

III. Discussion:

Community/BHB Business Update – Erica Estes

Letterhead/Logo –

- Contains mission statement.
- Board Members are listed
- We may want to explore a logo. Suggestion would include a map of eight counties.
- Do we want a post office box in the near future – The Board would like to wait on the P.O. Box until they are farther down the road when we anticipate having more mail coming in.
- Send ideas for a logo to Erica Estes.

Presentation by Vocational Rehabilitation – Leah Hartmann

- Vocational Rehabilitation is a state agency with free services assisting people with disabilities to find and maintain employment.
- Disabilities can be mental illness or substance abuse disorders, not just physical disabilities.
- Their focus is on employment not crisis assistance.
- People who are served need to be ready for employment or close to ready for employment.
- Vocational Rehabilitation (VR) can also assist with training.
- VR is also charged with assisting 16 – 21 year olds who are transitioning from school to work.
- Orientations are on Friday at 10:00 in the old hospital building (Twin Falls County West). Anyone is welcome to attend orientation. These meetings are in a group setting but individual orientations can be arranged.
- VR is an underutilized program and they want to get the word out.
- The end goal is to have a person employed for 90 days. If people need help again they are welcome to return.
- There is an office in the Burley area.
- Every other Wednesday a counselor is in the Blaine County at the CSI center.

Discussion:

Ideas/suggestions:

- Outreach to employers to educate them on the benefits of employing those with disabilities should be considered.
- Educating employers on the laws regarding discrimination.
- Peers often encourage each other and educate them about the services available.

- VR could visit with the Health Districts and the alternative schools.

CMH Subcommittee Report – Lee Wilson

- **Erica will add CMH Subcommittee Report as a re-occurring agenda item with Jami Stroud.**
- Current discussion is on the purpose and direction for the subcommittee.
- Next meeting will have the Idaho Lives Project talking to the subcommittee.
- The subcommittee would love to have suggestions from the Board on any identified gaps or needs.
- Jeff D. lawsuit -
 - Questions on progress with the Jeff D lawsuit can be directed toward Chuck Halligan in DHW Central Office.
 - The outline of how to remedy the lawsuit is being worked out at the state level.
 - The State Planning Council will be working to get all the regions together to discuss what needs to be done to meet the needs of the lawsuit.
- 20-511A court orders have loaded the CMH counselor’s caseloads statewide.
- Region 5 caseloads are higher than they have ever been. The amount of 20-511A cases varies depending on how many cases are required. The caseloads are increasing in part because the program works well and shows positive results; the judges see the success and want the best outcomes.

Exploring Gaps and Needs:

Need or Gap	Description
Access to care in rural areas	transportation
Psych beds and availability	Due to low census or SH limited Capacity
Work force development	
Recovery Coaches need to help people do the things they need	
Public Awareness	
Law Enforcement Training	Attend LE meetings / Get their administrators on board.
Knowledge of Evidence Based Practices that can be used instead of PSR.	
Collaboration among providers	Provider meetings need to be advertised better.
Training for all people involved (LE, SUD, MH, Medical Staff)	
Crisis Center	
Funding for projects	
Collaboration of those with resources to assist	

the region as a whole	
Spanish speaking services	Especially in Blaine and Jerome Counties
Medication Management	Access to meds in jail
Housing	
Transportation	Especially in rural areas
Education & Awareness	Outreach presentation to employers, community, legislature. Public awareness of services.
Grant writing for the Board to provide services	
Crisis housing (respite bed)	
Recovery Center	Meeting place for SUD and MH
Sustainable donors to assist	Business involvement
Medication and Psych services access	Timely appointments and how to get services paid for.
Delay in designated exams	Affecting mostly the Burley area

IV.

Motion to adjourn: Lee Wilson

Motion seconded: Frank Knight

Next Meeting:

March 11, 2015

11:30 – 1:30 at 601 Pole Line Rd.