

Region 5 Behavioral Health Community Board

Meeting Minutes – Regularly Scheduled Meeting

11:30 - 1:30

March 11, 2015

Members Present: Mary Christy, Helen Edwards, Tom Hanson, Mick Hodges, Mindy Hoskovec, Rick Huber, Frank Knight, Scott Rasmussen, Eric Snarr, Debbie Thomas

Members Excused: Bev Ashton

Was a Quorum established? *(Yes) (more than half, 12 members, constitutes a Quorum)

Others Present: Kim Dopson, Erica Estes, Jackie Kennedy, MaryBeth Kraemer, Brett Lewis, Audrey Palmer, Lela Patteson, Debbie Seich, Cindy Shotswell, Elara Smith, Mike Waite

Note Taker Sally Bryan

I. Announcements

Idaho Federation of Families 4th Annual Children's Mental Health Awareness week is having a poster contest for grades 3 – 12. Contact Mindy at mhoskovec@yahoo.com or at 208-737-9999 for more info. Deadline for entries is April 27th.

Community Reinforcement and Family Training (CRAFT) will take place on May 11 – 13, 2015 at the Ada County Sheriff's Offices. Register at <http://idahocraft2015.weebly.com>. The fee is \$400 for two and a half days plus instruction materials and 15 CEU's will be offered for most participants.

ICADD scholarships will be available again this year. Watch for an email with the application information.

II. Business

Approval of Minutes:

Motion to approve minutes – Mick Hodges

Motion seconded – Helen Edwards

Minutes unanimously approved: Yes

*A quorum was established with 10 members due to only 20 positions being filled at this time.

State Planning Council update - Rick Huber

If the Behavioral Health Board decides to not partner with another government agency they would need to become a 501c3.

Planning Council meets face-to-face on June 2nd and 3rd.

Expanding Medicaid may not happen this year.

Jennifer Griffis is the new Chairperson for the State Planning Council.

Action Items from last meeting:

Erica will add CMH Subcommittee Report as a re-occurring update on the agenda with Jami Stroud.

Erica will keep the Board updated as things evolve with the planning of events for Mental Health Month.

- May 1st Perrine Bridge. Know. Mental Illness-No Stigma. We are seeking volunteers for time to sit at booth at the visitor's center from 8:00 - 6:00 offering free Mental Health screenings.
- May 2nd 5 K Walk/Run followed by Strickland Family Stay in the Park. Open house at the library – Panel discussion, Banquet dinner and poetry reading.
- Cassia County is working on an event in that area.

III. Discussion:

Frank Knight visited the Crisis Center in Idaho Falls:

There is a full time nurse, security (police) and site tech (24/7).

Part time site managers.

There have been 161 served so far, 100 self-referrals with an average stay of 8 hours.

There is an amnesty box in which people can drop off drugs without implications.

After two years there will be a plan to cover 50% of costs.

It is a very nice facility.

Gap Identified - ADA compliance may be in issue in the near future because there are not enough certified deaf and hearing impaired interpreters to serve facilities.

Crisis Intervention Training update: Mike Waite

These trainings are law enforcement driven with active practice during the training.

The current training is scheduled to run from March 30th to April 3rd.

Eric Snarr suggested that we try having CIT training in winter outside the hunting season.

There is also De-escalation training on March 20th at the Herrett Center in Twin Falls and again on March 21st at the Blaine County Jail.

Jeff D. Lawsuit – No news yet.

Board Positions Available:

Kim Dopson resigned her position as the Substance Use Disorder Advocate.

These positions are now open: Substance Use Disorder Advocate and Parent of Child with Serious Emotional Disturbance.

Board Members are encouraged to share information with anyone who might be interested in the vacant Board positions.

Gaps & Needs analysis:

The formalized Gaps and Needs analysis will be sent next Wednesday to the Board for approval by Erica and will be submitted to the State Planning Council by March 26th.

Discussion on Gaps and Needs:

- Access to housing in crisis situations
- Access to low income housing (deposits, background checks, etc.)
- Training for clinicians on Family Therapy or other specialties
- Parenting classes for consumers
- Education about resources
- Educating providers regarding gaps might help cover some gaps (providers might branch out to cover those gaps).
- Transportation for specialized training needs (endocrinologist, sleep study, neurologist, especially for children)

- Addiction services for adolescents, especially in Blaine County
- Qualified workforce (e.g. CBRS for children, psychiatrists, psychologists, certified alcohol and drug counselors, qualified clinicians with a “C”)
- Uninsured people who don’t qualify for Medicaid and can’t afford other insurance.
- Psychiatric beds for kids.
- Public health issues awareness for physicians and public at large such as smoking, electronic cigarettes, and substance use disorders.
- Rene LeBlanc explained the limited Women’s healthcare at South Central District Health Dept.
 - Clinical Specialist position was lost because of funding issues.
 - It is hard to attract Clinical Specialists (Physician’s Assistant) to our area because of the pay grade set by the state.
 - The loss of that position meant some services could not be provided.
 - Access can be found through Wellness Tree or Family Health Services.
 - South Central District Health Dept. does serve women with breast and cervical cancer screenings, refuge medical screening, limited SDI and TD.
 - For description of services see <http://www.phd5.idaho.gov/>

Motion to adjourn the meeting: Lee Wilson

Motion seconded: Tom Hanson

IV. Subcommittees did not meet at this time.

Next Meeting: April 8, 2015 at 601 Pole Line Road, 11:30 – 1:30