



## **Region 5 Behavioral Health Board Meeting Minutes**

November 18, 2015

### **I. Call to order**

Tom Hanson called to order the regular meeting of the Region 5 Behavioral Health Board at 11:35 a.m on November 18, 2015 at South Central Public Health – Katz A&B.

### **II. Roll call**

Erica Estes conducted a roll call. The following persons were present (\* denotes Board Member): **Quorum achieved**

Cory Montgomery	Rick Huber*	Debbie Thomas*
Tom Hanson*	Kathy Skippen	Renee Waite*
Frank Knight*	Dionne Chatel	Eric Snarr*
Helen Edwards*	Crystal Campbell	Angenie McCleary*
Dawn Anderson*	Lee Wilson*	Erica Estes
Scott Rasmussen*	Mindy Hoskovic*	Mary Christy*
Rene LeBlanc	Yvonne Humphrey	Abigail Stocking*
Elara Smith		

### **III. Approval of minutes from last meeting**

Minutes from Octobers meeting were reviewed and approved.

- **Add Helen Edwards to the attendance for the Oct. meeting**
- Angenie McCleary moved to approve minutes
- Mindy Hoskovic seconded
- Minutes passed

### **IV. Old Business**

- a) Open Board positions filled
- Hospital Representative – Open

- Board will continue seeking interested individuals
- Helen Edwards will reach out to Jay D. Adams as a possible candidate

**V. New business**

- a) R5BHB Contract Update – The contract between IDH&W was signed with an official start date of November 17, 2015. With consideration of “start-up costs”(new speaker phone system), distribution of the \$50,000/year for 4 years is set up as follows:
  - **Year 1** - \$3,639/month
  - **Years 2-4** - \$4,166/month
- b) Scott reported that Ross Edmunds asked that Scott move forward with Kathy Skippen to finish up the contract. Contract should be signed before next Board meeting. Our SOW was approved by the BOH and DHW Central Office.
- c) Plan of Action Moving Forward – The Steering Committee will move forward with presenting by-laws, plan, and The Application to the Planning Council to the Executive Board and will report to the R5BHB on progress.

**VI. Planning Council Update** – Rick Huber updated the Board on the October meeting of the Planning Council. Highlights include:

- A “Legislative Toolkit” will be shared with the BHB’s in effort cultivate relations and connect with local legislators.
- Region 4 and Region 1 submitted applications to the Planning Council and received readiness approval from the BHPC.
- The office of Drug policy would like to increase awareness of the availability of Naloxone for opiate overdose. Naloxone use was approved and can be purchased without a prescription from a pharmacy. More info. can be found at <http://odp.idaho.gov>

**VII. Committee Updates** –

- Childrens/Youth Sub-committee – CMh meeting are the 4<sup>th</sup> Wednesday of the month at 10:00 a.m at 803 Harrison. The committee is looking to expand and grow. They will provide the R5BHB with agendas and minutes as meeting occur.

**VIII. Idaho Department of Health and Welfare** – Kathy Skippen and Crystal Campbell provided updates on Recovery Center funding that is available.

**IX. Announcements:**

- Proactive Advantage and OPTUM are sponsoring a food drive that will run through December 12<sup>th</sup>. Non-perishable food can be dropped off at 264 Main Ave. S. in Twin Falls.
- The CSI Addictions Program and IDH&W Behavioral Health are sponsoring “50 Ways to Get Unstuck: Why Therapy Fails and How to Make It Work” - December 4<sup>th</sup> 9am-5pm at the Herrett Fine Art Center on the CSI Campus. For more info. please contact Lee Wilson.

**X.**

Tom Hanson motioned to adjourn the meeting.

Frank Knight 2<sup>nd</sup> the motion.

Meeting adjourned at 1:12 p.m.

Minutes submitted by: Erica Estes

Minutes approved by: