

CHILDREN'S MENTAL HEALTH COMMITTEE

Meeting Minutes – June 27, 2018

Mission Statement:

“Promote child and family wellness. Discuss, recommend, and work to help create the structure to support children with mental and behavioral health issues, the systems that serve them and their families, in our communities.”

Committee Members (P-Present, E-Excused, T-Telephone, A-Absent)

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| P Kevin Sandau, Chair | P Alyson Christianson, DHW YES Program |
| P Stacy Stephens, Alliance Family Services | A Rick Webb, Directory Jerome Academy |
| A Kelsie Robinson, Valley Comm Counseling | A Inga Elkin, SR Juvenile Detention |
| P Sandy Millar, Parent Network | A Rachel DelValle, Jerome School District |
| A Beth Citron, Blaine Co School District | E Jaci Urie, TARC |
| A Renee Waite, IDJC | E Honorable Mick Hodges – Cassia Co. |
| P Lori Gidney, Parent | P Denise Martin, CASA |
| A Val Stotts, Safe House | P Elizabeth ‘Jo’ Johnson, MD/Parent |
| P Julie Fields, MH Advocate | E Joymae Stone – RU – MH Advocate |
| E Chris Freeburne – DHW Regional Director | A Lindsay Westberg, Boys & Girls Club |
| P Kyli Gough SL Community Health Manger | P Trevor Crapo SL BH |
| P Tina Lamp (CASA) | |

Administration:

- P Nancy Andreotti, SCPHD AA 1

Guest(s):

I. Convene (10 a.m.) and Call to Order – Kevin Sandau

Introductions/housekeeping

II. Discussion Items

A. Utilization Data – Question of youth being underserved - Alyson Christianson

1. Majority of report focuses on adult. Utilization for CMH, for the month of April, Region 5 did 30 intakes, does not break out YES (Youth Empowerment Services) referrals from others. Alyson estimates that ½ of those were YES referrals.
2. Other regions have more providers that are providing respite care (respite is the only service of YES that has been rolled out.) Our region only has 2 providers at this point. Hope is to have more providers jump on board once they hear that they can bill Medicaid.
3. Services that have been rolled out – Respite care
4. Other services available if they meet the 300% Federal Poverty Limit or are on Medicaid – Occupational Therapy, Therapy in a counseling session, Psychiatric Medical Management, Skills or CRVS Services (Community based Psycho/social rehab services as of July 1).
5. Ways to track intakes – Kevin, Alyson, and Nancy will work on.

B. Suggested Areas of Focus or Categories –

1. Coordination of Services

- a. Partnerships (community, schools, professionals, doctors, Juvenile Justice System, etc...)
- b. All services in one location to help families that struggle with logistics and transportation. Providers see the value in “one-stop-shop” but it is daunting for them to try coordinate.
- c. Access for the parent to learn how to deal with their children.
- d. Legal coordination of raising the child.

2. Advocate for Parents/children/community

- a. Education of Community
- b. Education of Services available

- c. YES Program
- 3. **Access to care for <18**
 - a. Crisis services – Crisis Respite
 - b. Foster respite
 - c. Safe house
- 4. **School obstacles – prevention tools**
 - a. Train teachers – how to help, severe legal problems, OT at schools, liability to school?
 - b. Trauma based counseling
 - c. Parent/child training on making better decisions
 - d. Schools liable for treatment?
- 5. **Transition from Juvenile to Adult Services (aging out of the system)**
 - a. Transitional housing
 - b. Gap with getting services at 18 (Medicaid, SS Disability)
 - c. EPSDT

Subcommittee/workgroups? Tackle one issue all together and once we figure out how that worked out and everyone has experienced the process, then break out into subcommittee/workgroups.

Create survey monkey to send out to committee members with categories to bring back at next meeting to expand on.

C. What to do to help students as a teacher, education for schools/teachers

- Trauma based counseling
- Tools for teachers and parents
- 70% of Juvenile Justice referrals come from the schools
- YES coming up with a checklist for schools to use

D. Paper Tigers – Resilience movie showing in schools and throughout our communities. Maybe during school orientations for teachers?

Do we want to view them as the CMH Committee? Cindy Shotswell has access to both movies.

VI. Announcements

A. Next meeting July 25, 2018, 10 a.m., SCPHD Katz Conference Rooms A & B

Kevin Sandau, Chair

Alyson Christianson, Vice-Chair