

# CHILDREN'S MENTAL HEALTH COMMITTEE

## Meeting Minutes – November 28, 2018

### **Mission Statement:**

*“Promote child and family wellness. Discuss, recommend, and work to help create the structure to support children with mental and behavioral health issues and the systems that serve them and their families, in our communities.”*

Committee Members: (P-Present, E-Excused, T-Telephone, A-Absent)

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| P Kevin Sandau, TF Co. Juv Prob, Chair     | P Alyson Christianson, IDH&W, Y.E.S., Vice-chair |
| E Stacy Stephens, Alliance Family Services | P Rachel DelValle, Jerome School District        |
| A Kelsie Robinson, Valley Comm Counseling  | P Renee Waite, IDJC                              |
| E Sandy Millar, Parent Network             | P Lori Gidney, grandparent                       |
| A Beth Citron, Blaine Co School District   | T Jaci Urie, TARC                                |
| E Elizabeth 'Jo' Johnson, MD/Parent        | E Honorable Mick Hodges – Cassia Co.             |
| P Tina Lamp, CASA                          | P Denise Martin, CASA                            |
| P Julie Fields, MH Advocate                | A Trevor Crapo SL BH                             |
| T Chris Freeburne – DHW Regional Director  | P Kyli Gough - SL Community Health Manger        |

### Administration:

- |                                     |                       |
|-------------------------------------|-----------------------|
| P Melody Bowyer, SCPHD Director     | P EJ Poston, SCPHD AA |
| A Linda Montgomery, Chair SCPHD BoH |                       |

### Guest(s):

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| P Cindy Shotswell – OPTUM  | P Tammy Felps, ProActive Behavioral Health |
| P Becky Jaynes, LCSW, TF School District                                       | E Val Stotts, Safe House Director          |
| P Kristin French, FHS Behavior Health  |  |
| P Jacquelin Cadman, Parent, Co-Director of Operations for Idaho Parent Network |  |
| P Mike Gaxiola, Community Council Idaho, Youth Build                           |  |
| P Susan Standlee, Alliance Family Services, Children's Program Director        |  |

Kevin called meeting to order at 10:01 a.m.

EJ reviewed housekeeping items.

There was no correspondence to discuss.

Action Items: Julie Fields motioned to approve October 23<sup>rd</sup> minutes. Kyli Gough seconded. Motion to approved passed.

Guest Speaker: Shannon Fox from 'Stewards of Children' Initiative. The initiative provides child abuse prevention training and was formed in conjunction with Darkness to Light and the Bannock Youth Foundation in Pocatello with funding from AmeriCorps VISTA. The VISTA grant is ending and Shannon asked us to spread the word about the training she provides. She is also looking for training facilitators and funding partners.

Skills Building update: Kevin spoke for Dr. Jo. She needs more workgroup members/volunteers especially if you have respite or skills building experience.

Y.E.S. update: Alyson advised since it has been 1 year, reassessments are starting to come around. For next meeting, Alyson will share: 1) # of children served in Y.E.S. and 2) any change in the independent evaluator.

Respite update: Kevin Sandau advised he has a meeting with Commissioner Hall, Val Stotts & Paul Shepard (mgr of detention center) to start a game plan.

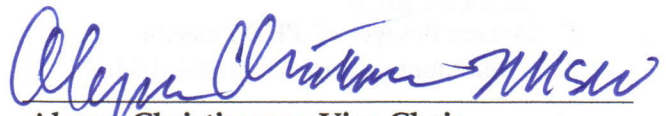
BH Services in Schools update: This workgroup is trying to organize an effort to embed social workers in schools. Kyli Gough described the workgroup's progress. Add'l social workers/counselors was the #1 "ask" from the schools we contacted. We also had a conference call with Rachel Blanton (Blue Cross Foundation). The CMHC needs to now present this workgroup's progress to the general board (SCBHB).

Kyli Gough advised that St. Luke's is hosting a suicide awareness/prevention gathering on January 15, 2019, 6-7 p.m.

This sub-committee decided to cancel the meeting on December 26, 2018. Our next meeting will be January 23, 2019 @ SCPHD, 10 a.m.

Adjourned: 11:08 a.m.

  
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Kevin Sandau, Chair

  
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Alyson Christianson, Vice-Chair