



# SOUTH CENTRAL BEHAVIORAL HEALTH BOARD

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## SCBHB SPECIAL MEETING JANUARY 29, 2019 MEETING MINUTES

Board Members (P-Present, E-Excused, T-Telephone, A-Absent)

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|--|---|
| E Angenie McCleary – Blaine Co. Commissioner           | <i>Vacant</i> – Family Member of adult MH Consumer  |
| P Don Hall – Twin Falls Co. Commissioner               | <i>Vacant</i> – Family Member of Adult SUD Consumer |
| <i>Vacant</i> - County Commissioner                    | <i>Vacant</i> – Prevention Specialist               |
| P Alyson Christianson – IDHW BH employee               | P Frank Knight – Private Provider of MH Services    |
| P Scott Rasmussen – IDHW BH employee                   | A Debbie Thomas – Private Provider of SUD Services  |
| A Mindy Hoskovec – Parent of a child with SED          | T Rachel Del Valle – Elem/Secondary School Rep      |
| P Jodi Gruendler – Parent of a child with SUD          | P Renee Waite – Juvenile Justice System Rep         |
| P Sheriff Eric Snarr – Law Enforcement Officer         | E Collin Widmier – Adult Corrections Rep            |
| P Rick Huber – Adult MH Consumer ( <i>Vice Chair</i> ) | E Honorable Mick Hodges – Judiciary Rep             |
| P Christina Cernansky – MH Advocate                    | E Dr. Zach Morairty – Physician or Licensed Health  |
| A John Inman – SUD Advocate                            | P Amanda Braga - Hospital Representative            |
| P James Brown – Adult SUD Consumer ( <i>Chair</i> )    |   |

SCPHD Administration:

- P Melody Bowyer, SCPHD Director
- P Linda F. Montgomery, SCPHD Board Chair
- P EJ Poston, SCPHD Admin Support
- P Julie O'Meara, PFS Project Coordinator
- P Susie Beem, SCPHD Community Health Director

Guest(s):

- Kevin Sandau, Director TF Co. Juvenile Probation
- Millie Gaitan-Gonzalez, St. Luke's

- I. Meeting convened at 10:30 a.m. – We had to wait for quorum.
- II. Action Items – none
- III. Discussion Items – Partnership for Success grant, Strategic Planning

In addition to the PFS goals listed in the manual, the District 5 RBHB has identified the following additional visions and approaches for implementation in our District:

1. Create a community culture that is based on prevention, not punishment to reach young adults.
2. Combine strategies that will utilize partners most effectively in order to increase capacity of prevention efforts within the District.
3. Put a focus on **early detection** in the schools with an incorporation of a "Safe Place".
4. Put an emphasis on mental health identification and stigma smashing.
5. Establish two coalitions by end of Y2, to assist with implementation of a 3-year strategic plan FY20-23.



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Grant-mandated, **Required Strategies** were discussed:

1. Be the Parents Campaign (BTP) – cost \$0
2. Strengthening Families Program (SFP) – Cost \$5000
3. Drug Impairment Training for Educational Professionals (DITEP) – Cost \$0 (agreement w/ CSI)

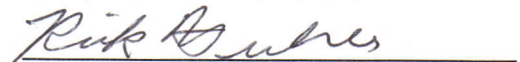
Additional/**Optional Strategies** were discussed:

1. Student-Led
  - a. Social Norms Marketing Campaign
  - b. Sticker Shock Campaign
  - c. Community Services/Youth Leadership Activities
2. School Strategies
  - a. Drug Impairment Training for Educational Professionals
  - b. Life Skills Training Program
  - c. Signage, Lights, Camera
  - d. Substance Abuse Professional (SAP) – *probably not this first year*
3. Community Strategies
  - a. Mental Health First-Aid training
  - b. Town Hall meetings – with variety of topics/speakers
  - c. "Chronic State" viewing opportunities
  - d. Responsible Beverage Service training
  - e. Signage, Lights, Camera
  - f. Party Patrols
4. Promote existing Youth Empowerment Services (YES)

Julie will compile this meeting's ideas/recommendations and re-present at a later meeting.

IV. Adjourned 2:00 p.m.

  
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James Brown, SCBHB Chair

  
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Rick Huber, SCBHB Vice-Chair & Secretary

Attest:   
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Melody Bowyer, SCPHD Director